




Plymouth Educational Center Lunch Menu - March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Beef Taco/Nacho Chips Shredded Lettuce/Tomato/Cheese Fruit	2 Spaghetti/Meat Sauce Garlic Toast Salad Fruit	3 Chicken Patty on Bun Corn Fruit	4 Meatloaf/Gravy Rice Black Eyed Peas Fruit	5 Pizza Salad Fruit	6 
7 	8 Chili Salad Corn Muffin Fruit	9 Chicken Chips Broccoli Roll Fruit	10 French Bread Pizza Carrots Ranch Dressing Fruit	11 Beefaroni Green Peas Roll Fruit	12 Chicken with Gravy Mashed Potatoes Roll Fruit	13 
14 	15 Chicken Nuggets Corn Roll Fruit	16 Sliced Turkey/Gravy Rice Green Beans	17 Pizza Bread Sticks Marinara Sauce Cole Slaw Fruit	18 Chicken Drumstick in BBQ Sauce Macaroni and Cheese Baked Beans Fruit	19 Hamburger on Bun French Fries	20 
21 	22 Chicken Tenders Steamed Broccoli and Cheese Roll Fruit	23 Turkey with Gravy Mashed Potatoes Roll Fruit	24 Hot Dog on Bun French Fries Fruit	25 Sloppy Joe on Bun Mixed Vegetables Fruit	26 Pizza Carrots w/Ranch Dressing Fruit	27 
28 	29 Popcorn Chicken in Sweet/Sour Sauce Rice Mixed Vegetables Fruit	30 Beef Taco on Soft Shell Lettuce/Cheese/Tomato Fruit	31 Chicken Strips in Alfredo Sauce Over Noodles Broccoli Roll Fruit	Tuna Sandwiches and Salads w/Chicken, Turkey, Ham Available Daily for 3rd-10th Grades MILK SERVED DAILY MENU SUBJECT TO CHANGE		